

BONUS #04

SAINT SUPERHERO MISSION CARDS

DAILY CHALLENGES TO LIVE LIKE THE SAINTS

THIS BONUS PACK GIVES YOU A SET OF SIMPLE, SAINT-INSPIRED MISSIONS YOU CAN CUT OUT, KEEP BY YOUR BED, AND USE EVERY DAY.

EACH CARD TURNS THE STORIES FROM BEDTIME STORIES OF CATHOLIC SAINTS INTO REAL-LIFE ACTIONS OF LOVE, COURAGE, AND FAITH.

HOW TO USE YOUR SAINT SUPERHERO MISSION CARDS

- 1. PRINT IN DOUBLE-SIDED MODE, CUT THE CARDS AND KEEP THEM IN A SMALL BOX, ENVELOPE, OR JAR.**
- 2. ONCE A DAY, PICK ONE CARD AND READ IT SLOWLY.**
- 3. THIS IS YOUR “SAINT SUPERHERO MISSION” FOR THE DAY.**
- 4. TRY TO LIVE YOUR MISSION AT HOME, AT SCHOOL, OR WITH FRIENDS.**
- 5. AT BEDTIME, THINK ABOUT HOW YOUR MISSION WENT.**
- 6. YOU CAN ALSO COLOR A HEART ON YOUR VIRTUE CHART FOR THAT VIRTUE.**
- 7. THE NEXT DAY, CHOOSE A NEW CARD, OR REPEAT THE SAME MISSION IF YOU WANT TO GROW MORE IN THAT VIRTUE.**

EVERY TIME YOU COMPLETE A MISSION, YOU ARE TAKING ONE MORE STEP ON THE PATH OF HOLINESS WITH JESUS AND HIS SAINT FRIENDS.



ST. MARTIN DE PORRES

VIRTUE: A HEART FOR EVERYONE

MISSION:

TODAY, LOOK FOR SOMEONE WHO
FEELS LEFT OUT, SHY, OR ALONE.
SAY HELLO, SIT NEAR THEM, OR
SHARE SOMETHING WITH THEM SO
THEY FEEL INCLUDED.

ST. FRANCIS OF ASSISI

VIRTUE: KINDNESS TO ALL

MISSION:

TODAY, CHOOSE ONE PERSON OR
ANIMAL TO TREAT WITH EXTRA
GENTLENESS.
USE KIND WORDS, A SOFT VOICE, AND
A SMALL SMILE THAT MAKES THEM
FEEL LOVED.

**ST. MOTHER TERESA OF
CALCUTTA**

VIRTUE: LOVE IN EVERY SMALL STEP

MISSION:

CHOOSE ONE SMALL THING TO DO WITH
GREAT LOVE.
HELP WITH A CHORE, TIDY A ROOM, OR
COMFORT SOMEONE WHO IS SAD, AND
OFFER IT TO JESUS IN YOUR HEART.

ST. NICHOLAS

VIRTUE: THE SECRET GIVER

MISSION:

DO ONE SECRET ACT OF
KINDNESS WITHOUT TELLING
ANYONE IT WAS YOU.
LET IT BE A LITTLE GIFT, A NOTE,
OR A HELPFUL ACTION KNOWN
ONLY TO YOU AND JESUS.

ST. MICHAEL THE ARCHANGEL

VIRTUE: PROTECTOR OF THE WEAK

MISSION:

BE A PROTECTOR TODAY.
IF YOU SEE SOMEONE BEING TEASED,
IGNORED, OR TREATED UNFAIRLY,
SPEAK KINDLY TO THEM AND LET THEM
KNOW THEY ARE NOT ALONE.

ST. JOAN OF ARC

VIRTUE: BRAVE IN THE FIRE

MISSION:

TODAY, BE BRAVE IN ONE SITUATION.
TELL THE TRUTH, STAND UP FOR
SOMEONE, OR TRY SOMETHING GOOD
THAT SCARES YOU A LITTLE, TRUSTING
THAT GOD IS WITH YOU.





ST. MAXIMILIAN KOLBE

VIRTUE: A LOVE STRONGER THAN FEAR

MISSION:

OFFER UP ONE THING YOU REALLY WANT TODAY—A TREAT, EXTRA SCREEN TIME, OR A COMPLAINT—AND QUIETLY GIVE IT TO JESUS FOR SOMEONE WHO IS SUFFERING OR IN TROUBLE.

ST. PATRICK

VIRTUE: A SHEPHERD OF HOPE

MISSION:

THINK OF SOMEONE WHO NEEDS HOPE OR ENCOURAGEMENT. SAY SOMETHING THAT LIFTS THEIR HEART—A KIND WORD, A COMPLIMENT, OR A REMINDER THAT GOD IS WITH THEM.

ST. PADRE PIO

VIRTUE: A HEART CLOSE TO GOD

MISSION:

FIND A QUIET MOMENT TODAY TO TALK TO JESUS IN YOUR OWN WORDS. TELL HIM WHAT MADE YOU HAPPY, WHAT WAS HARD, AND ASK HIM TO STAY VERY CLOSE TO YOUR HEART.

ST. THÉRÈSE OF LISIEUX

VIRTUE: THE LITTLE WAY OF LOVE

MISSION:

CHOOSE ONE PERSON AT HOME AND DO A SMALL ACT OF LOVE FOR THEM. PUT SOMETHING AWAY, SHARE GLADLY, OR LISTEN PATIENTLY, WITHOUT ASKING FOR ANYTHING IN RETURN.

ST. CECILIA

VIRTUE: THE SONG OF A COURAGEOUS HEART

MISSION:

USE MUSIC OR YOUR VOICE TO PRAISE GOD TODAY. SING A SONG, HUM A HYMN, OR SAY “JESUS, I LOVE YOU” WITH A BRAVE AND LOVING HEART.

ST. DOMINIC SAVIO

VIRTUE: A JOYFUL HEART FOR GOD

MISSION:

TODAY, DECIDE TO LIVE JOYFULLY. SMILE ON PURPOSE, REFUSE TO COMPLAIN, AND THANK GOD AT LEAST THREE TIMES FOR SOMETHING GOOD IN YOUR DAY.



ST. KATERI TEKAKWITHA

VIRTUE: LILY OF THE MOHAWKS

MISSION:

SPEND A FEW MINUTES OUTSIDE
OR NEAR A WINDOW.
THANK GOD FOR HIS CREATION—
TREES, SKY, ANIMALS, AND PEOPLE
—AND PROMISE TO CARE FOR THE
WORLD HE MADE.

ST. JOSEPH

VIRTUE: QUIET STRENGTH AND TRUST

MISSION:

DO ONE HELPFUL THING AT HOME
WITHOUT BEING ASKED.
CARRY SOMETHING, FIX SOMETHING,
OR HELP SOMEONE, AND OFFER IT
QUIETLY TO GOD, LIKE ST. JOSEPH DID.

ST. GIANNA BERETTA MOLLA

**VIRTUE: THE DOCTOR WITH A LOVING
HEART**

MISSION:

TAKE CARE OF YOUR BODY AND
SOMEONE ELSE'S WELL-BEING TODAY.
EAT WELL, MOVE, REST, AND SEE IF
SOMEONE AT HOME NEEDS A SMALL ACT
OF CARE OR HELP.

ST. JOHN PAUL II

**VIRTUE: A SHEPHERD FOR THE
WORLD**

MISSION:

PICK ONE COUNTRY OR GROUP
OF PEOPLE TO PRAY FOR TODAY.
ASK JESUS TO BLESS THEM WITH
PEACE, FAITH, AND HOPE, EVEN
IF YOU HAVE NEVER MET THEM.

ST. CLARE OF ASSISI

VIRTUE: LIGHT IN THE DARKNESS

MISSION:

BE A LITTLE LIGHT FOR SOMEONE WHO
FEELS SAD, ANGRY, OR TIRED.
LISTEN TO THEM, STAY CLOSE, OR SAY
SOMETHING GENTLE THAT BRINGS A BIT
OF BRIGHTNESS TO THEIR DAY.

ST. ANTHONY OF PADUA

VIRTUE: FINDING WHAT WAS LOST

MISSION:

HELP SOMEONE "FIND" SOMETHING
TODAY—A LOST OBJECT, A LOST SMILE,
OR A LOST BIT OF COURAGE.
BE PATIENT AND KIND WHILE YOU
HELP.







ST. CARLO ACUTIS

VIRTUE: THE TEEN WHO BROUGHT JESUS
TO THE INTERNET

MISSION:

USE TECHNOLOGY IN A HOLY WAY TODAY.
CHOOSE ONE GOOD THING ONLINE—
SOMETHING KIND, TRUE, OR BEAUTIFUL—
AND AVOID ANYTHING THAT PULLS YOUR
HEART AWAY FROM GOD.



ST. JUAN DIEGO

VIRTUE: THE MIRACLE ON THE HILL

MISSION:

DO SOMETHING SMALL WITH GREAT
FAITH.
OFFER A SIMPLE PRAYER OR
SACRIFICE FOR SOMEONE IN NEED,
TRUSTING THAT GOD CAN TURN SMALL
ACTIONS INTO BIG MIRACLES.

